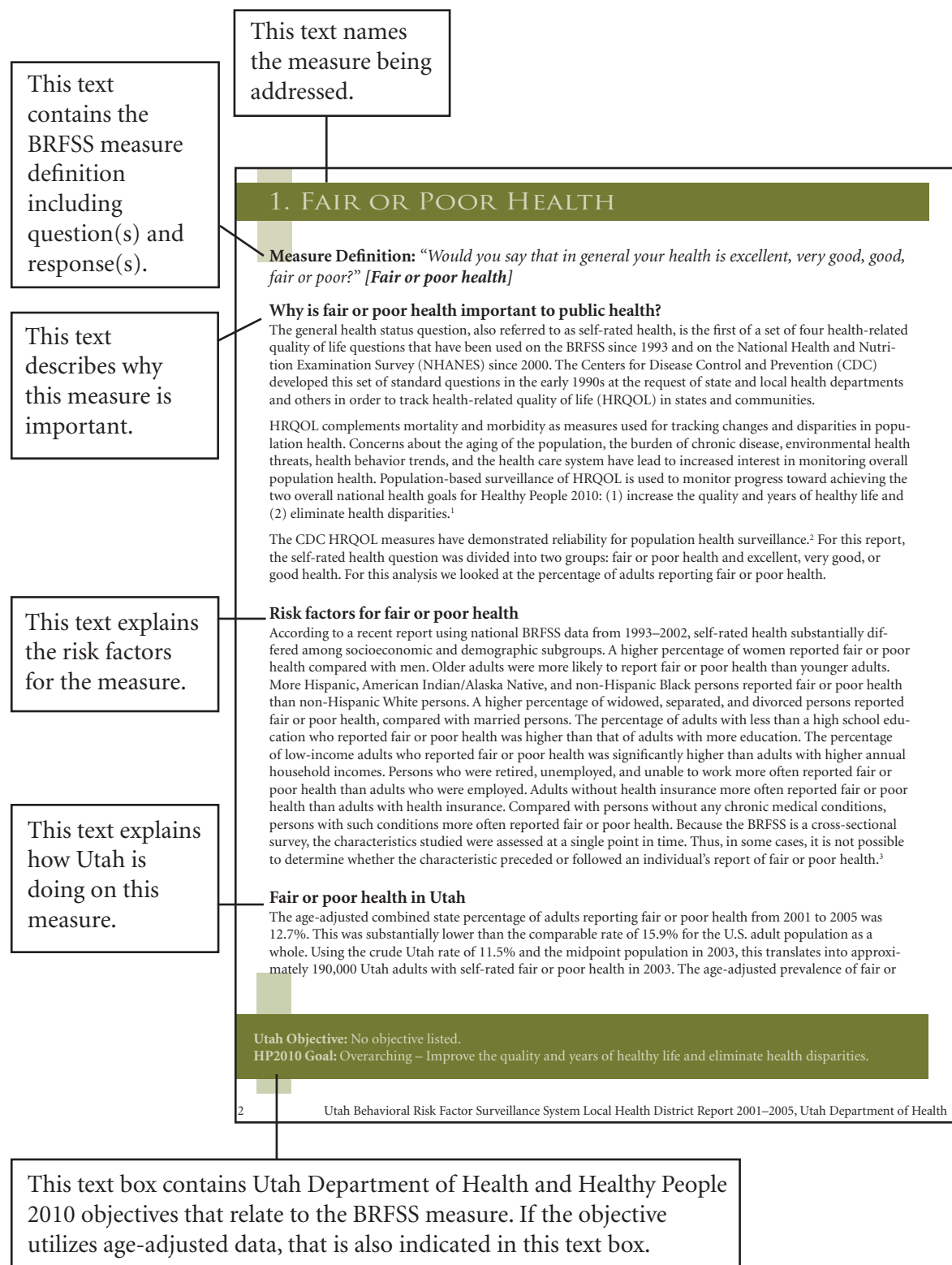


GUIDE TO THIS REPORT

Six pages of the report are devoted to each measure. This guide outlines what is covered on each page.



GUIDE TO THIS REPORT

1. FAIR OR POOR HEALTH

Fair or poor health in Utah (continued)

poor health varied by local health district ranging from a low of 9.3% in Summit County to a high of 17.4% in Central Utah. Three local health districts, Central Utah, Southeastern Utah, and TriCounty, had age-adjusted rates higher than the state. Davis County and Summit County had rates lower than the state rate. The remaining seven local health districts had rates similar to the state rate.

The age-adjusted rate of fair or poor health varied greatly amongst Utah's small areas from a low of 4.2% in Pleasant Grove/Lindon to a high of 34.0% in Glendale. There was substantial variation in this measure amongst small areas within some local health districts. For example, the age-adjusted rates varied in Davis County health district from a low of 4.8% in Farmington/Centerville to a high of 12.9% in Clearfield/Hill AFB. These rates were statistically significantly different. Please refer to the accompanying bar graph, table, and maps for more information about small areas and self-rated health. The shading on the maps indicate which small areas differed substantially from the state rate.

The Utah data also show that the percentage of people reporting fair or poor health increased with increasing age and decreased with increasing income as illustrated in the graphs below. This means that health districts and small areas with a higher percentage of people in older age groups or lower income categories would most likely have a greater percentage of adults with fair or poor health. Age-adjusted rates control for population age differences.

Graphs that are included on this page for most of the measures display the data in a variety of ways.

This text provides information about prevention and resources available.

Figure 1.A: Fair or Poor Health by Age Group, Utah Adults, 2001-2005

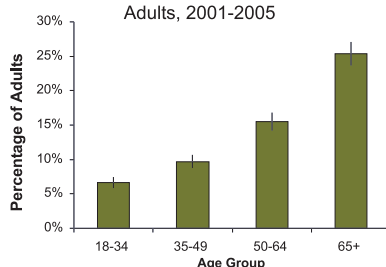
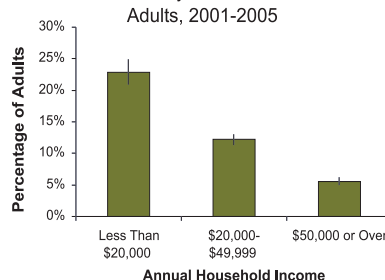


Figure 1.B: Fair or Poor Health by Income, Utah Adults, 2001-2005



Prevention/Resources

The Utah Department of Health works collaboratively with Utah's local health districts and other public and private organizations through many programs in order to prevent avoidable illness, injury, disability, and premature death; assure access to affordable, quality health care; and to promote healthy lifestyles. Many of the specific programs are discussed in the context of other BRFSS measures included in this report, such as the current smoking and diabetes measures.

GUIDE TO THIS REPORT

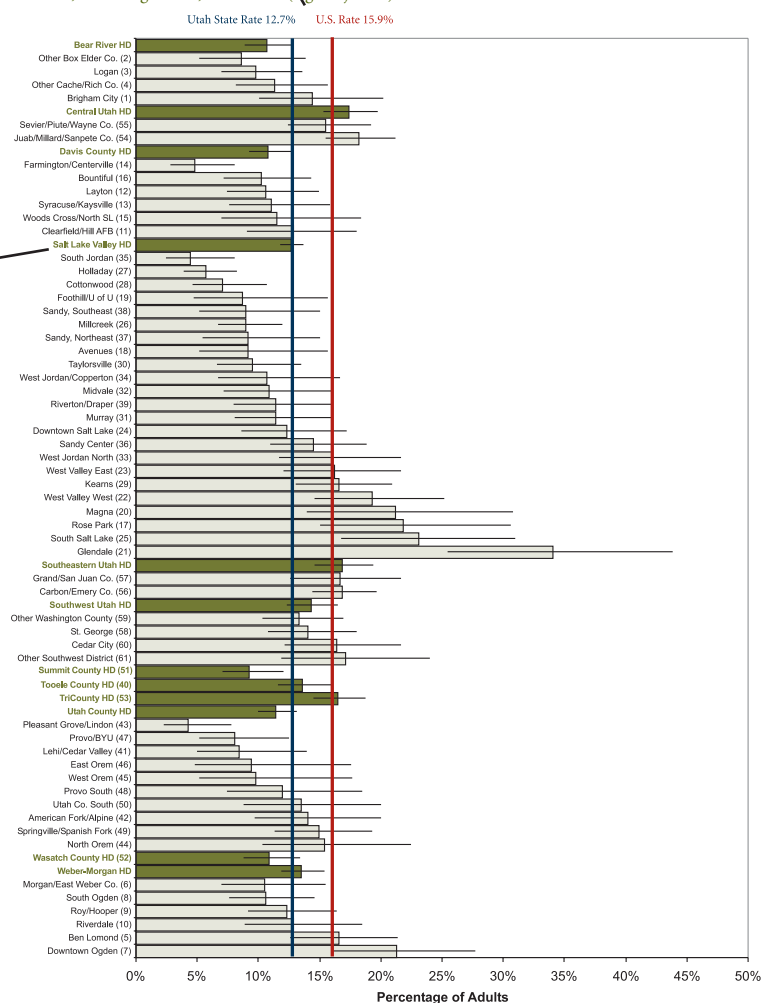
The Utah and U.S. rates appear as lines for easy reference.

This graph displays the age-adjusted rates for both small areas and local health districts.

Local health districts are represented by dark green bars and text.

1. FAIR OR POOR HEALTH

Figure 1.1: Percentage of Adults Who Reported Fair or Poor Health by Local Health District, Small Area, Utah, and U.S., Adults Aged 18+, 2001–2005 (Age-adjusted)



The graph is first arranged alphabetically by local health district, then in ascending order of the percentages of the measures by small area within each health district.

GUIDE TO THIS REPORT

The first column provides the state ranking for each small area.

Crude rates should be used to gauge the true magnitude of the event in the community.

Age-adjusted rates should be used to compare across small areas and to the state and U.S. rates.

1. FAIR OR POOR HEALTH

This table contains the age-adjusted data used to create the maps and bar chart, as well as the crude rates for each small area, local health district, the state, and the U.S. It also includes the total number of adults in the relevant population, and the estimated number of those adults with the measure based on the 2003 population.

Table 1: Fair or Poor Health by Health District, Small Area Utah, and U.S., 2001-2005

State Rank*	State, Health District, or Small Area	2003 Population	Number of Adults Reporting Fair or Poor Health	Crude Rate	Age-adjusted Rate	95% Confidence Interval	
						Lower	Upper
	U.S.	217,803,051	34,804,928	16.0%	15.9%	15.8%	16.1%
	State of Utah	1,657,454	190,441	11.5%	12.7%	12.2%	13.3%
	Bear River HD	98,027	9,126	9.3%	10.7%	8.9%	12.8%
41	Brigham City (1)	14,566	2,068	14.2%	14.4%	10.0%	20.2%
17	Logan (3)	45,904	3,314	7.2%	9.8%	6.9%	13.6%
8	Other Box Elder Co. (2)	14,636	1,262	8.6%	8.6%	5.2%	13.9%
27	Other Cache/Rich Co. (4)	22,921	2,356	10.3%	11.4%	8.1%	15.6%
	Central Utah HD	47,558	8,151	17.1%	17.4%	15.3%	19.7%
55	Juab/Millard/Sanpete Co. (54)	31,637	5,682	18.0%	18.2%	15.5%	21.2%
45	Sevier/Piute/Wayne Co. (55)	15,921	2,496	15.7%	15.5%	12.4%	19.2%
	Davis County HD	175,027	16,383	9.4%	10.8%	9.2%	12.7%
19	Bountiful (16)	33,318	3,169	9.5%	10.2%	7.2%	14.4%
34	Clearfield/Hill AFB (11)	37,329	4,177	11.2%	12.9%	9.1%	18.0%
3	Farmington/Centerville (14)	19,034	683	3.6%	4.8%	2.8%	8.1%
21	Layton (12)	46,815	4,850	10.4%	10.6%	7.4%	15.0%
26	Syracuse/Kaysville (13)	24,542	2,123	8.7%	11.1%	7.6%	15.8%
30	Woods Cross/North SL (15)	13,989	1,437	10.3%	11.5%	6.9%	18.4%
	Salt Lake Valley HD	658,810	76,817	11.7%	12.7%	11.8%	13.7%
13	Avenues (18)	18,959	1,759	9.3%	9.2%	5.2%	15.7%
5	Cottonwood (28)	33,297	2,471	7.4%	7.1%	4.7%	10.7%
32	Downtown Salt Lake (24)	42,808	4,302	10.1%	12.3%	8.6%	17.2%
9	Foothill/U of U (19)	17,778	1,687	9.5%	8.7%	4.7%	15.6%
61	Glendale (21)	18,642	6,236	33.5%	34.0%	25.4%	43.9%
4	Holladay (27)	35,956	2,679	7.5%	5.7%	3.9%	8.2%
51	Keams (29)	42,995	5,220	12.1%	16.6%	13.0%	20.9%
57	Magna (20)	15,623	2,445	15.7%	21.2%	14.0%	30.8%
24	Midvale (32)	21,672	2,052	9.5%	10.8%	7.2%	16.1%
11	Millcreek (26)	44,008	4,471	10.2%	9.0%	6.7%	11.9%
29	Murray (31)	24,072	2,930	12.2%	11.4%	8.1%	16.0%
28	Riverton/Draper (39)	41,391	3,228	7.8%	11.4%	8.0%	16.0%
59	Rose Park (17)	22,639	4,732	20.9%	21.8%	15.0%	30.6%
42	Sandy Center (36)	36,106	4,127	11.4%	14.5%	11.0%	18.9%
12	Sandy, Northeast (37)	18,245	1,569	8.6%	9.1%	5.4%	15.0%
10	Sandy, Southeast (38)	20,781	1,390	6.7%	9.0%	5.2%	15.1%
2	South Jordan (35)	20,931	873	4.2%	4.4%	2.4%	8.0%
60	South Salt Lake (25)	18,456	4,010	21.7%	23.1%	16.7%	31.0%
16	Taylorsville (30)	27,372	2,570	9.4%	9.5%	6.6%	13.5%
46	West Jordan North (33)	30,391	3,659	12.0%	16.1%	11.7%	21.6%
23	West Jordan/Copperton (34)	26,360	2,278	8.6%	10.7%	6.7%	16.6%
47	West Valley East (23)	35,527	5,446	15.3%	16.3%	12.0%	21.6%
56	West Valley West (22)	44,794	8,417	18.8%	19.3%	14.5%	25.2%
	Southeastern Utah HD	36,828	6,246	17.0%	16.9%	14.7%	19.5%
53	Carbon/Emery Co. (56)	21,451	3,690	17.2%	16.9%	14.4%	19.6%
52	Grand/San Juan Co. (57)	15,377	2,537	16.5%	16.6%	12.6%	21.7%
	Southwest Utah HD	116,150	16,888	14.5%	14.3%	12.3%	16.5%
48	Cedar City (60)	22,401	2,845	12.7%	16.4%	12.2%	21.7%
54	Other Southwest District (61)	15,384	2,712	17.6%	17.1%	11.9%	24.0%
36	Other Washington County (59)	32,503	4,469	13.8%	13.3%	10.4%	16.9%
39	St. George (58)	45,862	6,595	14.4%	14.0%	10.8%	18.0%
14	Summit County HD (51)	24,525	1,950	8.0%	9.3%	7.1%	12.0%
38	Tooele County HD (40)	32,458	3,824	11.8%	13.6%	11.6%	15.9%
49	Trinity County HD (53)	28,023	4,444	15.9%	16.5%	14.5%	18.7%
	Utah County HD	278,832	29,987	9.3%	11.5%	10.0%	13.2%
40	American Fork/Alpine (42)	26,819	3,374	12.6%	14.1%	9.7%	20.0%
15	East Orem (46)	14,955	989	6.6%	9.4%	4.8%	17.6%
7	Lehi/Cedar Valley (41)	18,752	1,172	6.3%	8.5%	5.0%	13.9%
44	North Orem (44)	25,965	3,575	13.8%	15.4%	10.3%	22.5%
1	Pleasant Grove/Lindon (43)	24,636	983	4.0%	4.2%	2.3%	7.8%
6	Provo/ BYU (47)	39,401	2,691	6.8%	8.1%	5.1%	12.5%
31	Provo South (48)	48,138	2,003	4.2%	11.9%	7.5%	18.5%
43	Springville/Spanish Fork (49)	41,036	5,195	12.7%	14.9%	11.4%	19.3%
37	Utah Co. South (50)	17,363	2,158	12.4%	13.5%	8.8%	20.0%
18	West Orem (45)	21,774	2,450	11.3%	9.8%	5.2%	17.7%
25	Wasatch County HD (52)	12,514	1,295	10.4%	10.9%	8.8%	13.4%
	Weber-Morgan HD	148,702	18,989	12.8%	13.6%	11.9%	15.5%
50	Ben Lomond (5)	33,215	4,713	14.2%	16.5%	12.6%	21.4%
58	Downtown Ogden (7)	21,684	4,038	18.6%	21.3%	16.0%	27.8%
20	Morgan/East Weber Co. (6)	24,131	2,314	9.6%	10.5%	7.0%	15.5%
35	Riverdale (10)	15,522	2,091	13.5%	12.9%	8.8%	18.5%
33	Roy/Hooper (9)	27,898	2,885	10.3%	12.3%	9.2%	16.4%
22	South Ogden (8)	26,255	2,967	11.3%	10.6%	7.6%	14.6%

*State rank is by 61 small areas for AA Rate; 1 is always the lowest rate in the state and 61 is always the highest rate in the state.

Note: U.S. rate only includes data from 2001-2004.

Utah Behavioral Risk Factor Surveillance System Local Health District Report 2001-2005, Utah Department of Health

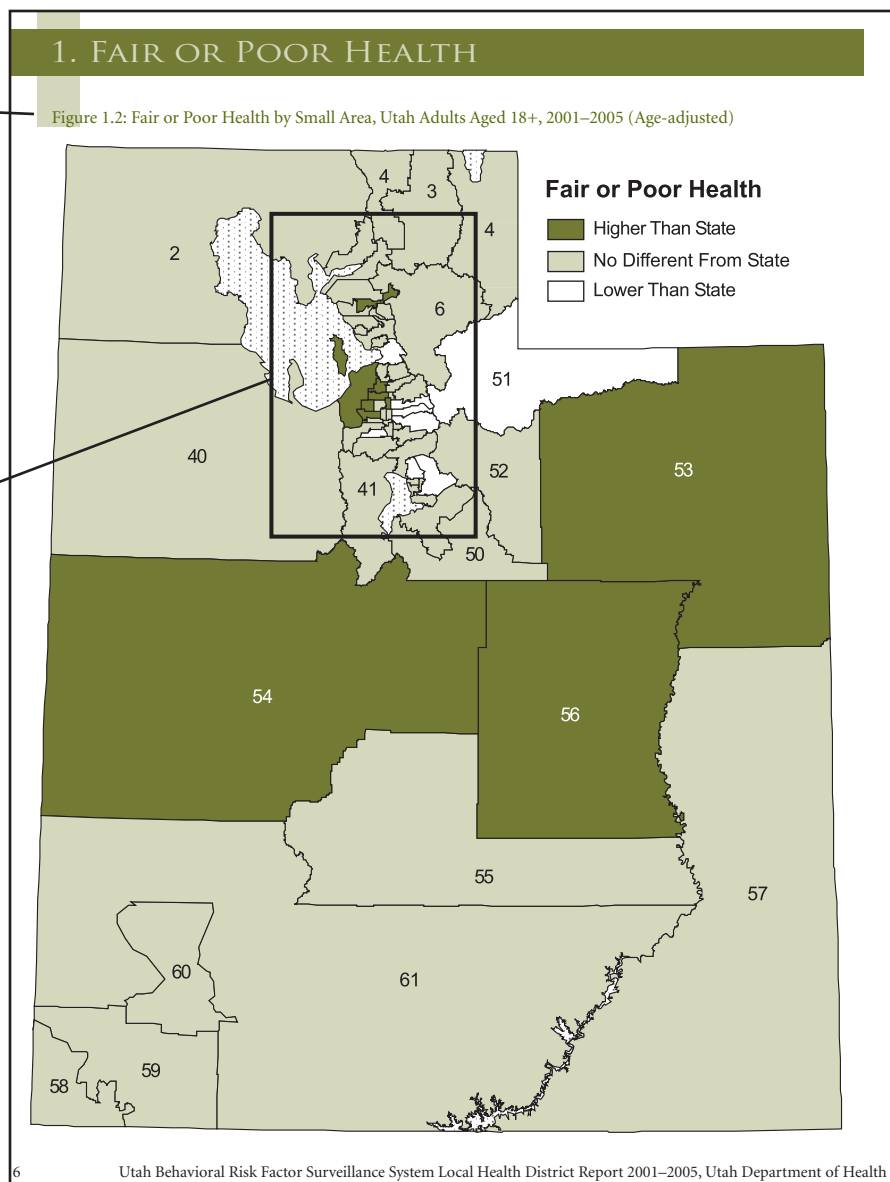
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The table is arranged alphabetically by local health district then alphabetically by small area within each health district.

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This map is shaded to indicate small areas with rates that were significantly higher or lower than the state rate.

The Wasatch Front is enlarged on the next page for more detail.

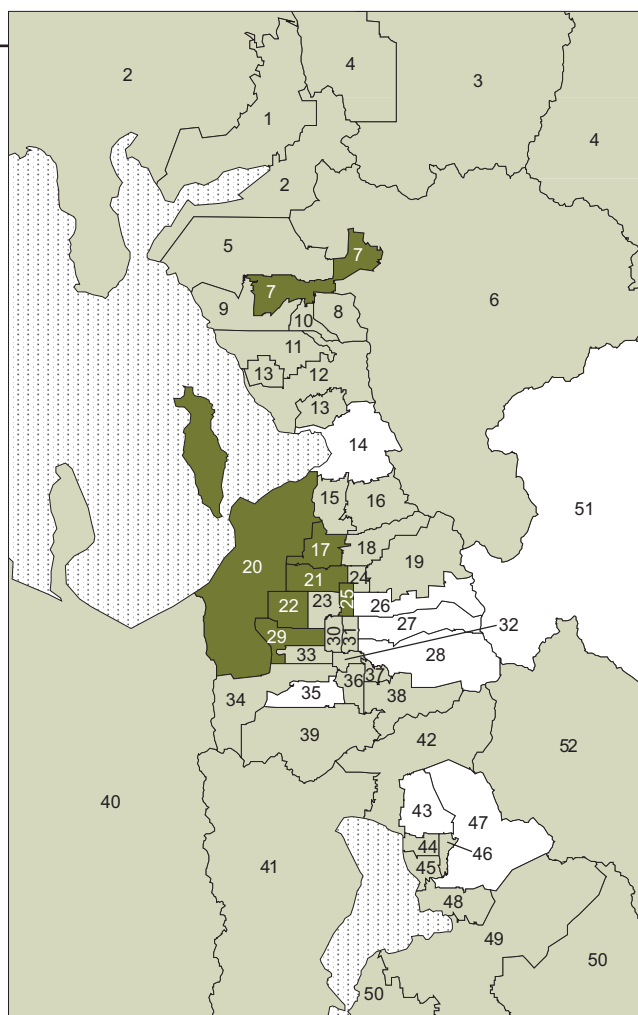


The numbers on the map are small area labels. For a complete list of small area labels, names, and boundary definitions, please refer to *Appendix C: Small Area Definition and Key Maps*, starting on page 145.

GUIDE TO THIS REPORT

1. FAIR OR POOR HEALTH

Figure 1.3: Fair or Poor Health by Small Area, Wasatch Front Adults Aged 18+, 2001–2005 (Age-adjusted)



Utah Behavioral Risk Factor Surveillance System Local Health District Report 2001–2005, Utah Department of Health

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The numbers on the map are small area labels. For a complete list of small area labels, names, and boundary definitions, please refer to *Appendix C: Small Area Definition and Key Maps*, starting on page 145.